

# Assessment of Heavy Metal Contamination in Incinerated Medical Waste

<sup>1</sup>M. Tanjim Shams, <sup>2</sup>Sourav Ray, <sup>3</sup>M.I. Kabir, <sup>4</sup>T. Purkayastha

<sup>1,3,4</sup>Department of Civil & Environmental Engineering, Shahjalal University of Science & Technology, Sylhet

<sup>2</sup>Departments of Civil Engineering, Leading University, Sylhet.

<sup>2</sup>[swopno87@yahoo.com](mailto:swopno87@yahoo.com)

## ABSTRACT

The incineration of medical waste (MW) is a significant alternative way for disposal of this category of waste. Thus nuisance has acknowledged much attention but relatively less attention has been given to bottom ash. Now bottom ash is dumped on the soil which mixes into the soil as diffused pollutant. In this study bottom ash samples were collected from a typical MW incinerator and typical pollutants including heavy metals (Fe, Cr, Cd, Cu, Pb) concentration were examined by following standard extraction and detection procedure. Pollution Load Index, Ecological Risk Index, Enrichment Factor and Geo accumulation Index were applied to assess the level of heavy metal contamination. Co-relation factors of those heavy metals were also established. In our test, the concentration of Cu, Cr and Pb exceeded the tolerable level. The concentration of Cd did not exceed the tolerable level.

**Keywords:** Medical waste, incinerator, bottom ash, heavy metal, contamination

## 1. INTRODUCTION

The potential risk in healthcare waste management especially in managing medical wastes properly is a concerning issue nowadays [9, 10]. Between 75% and 90% of the waste produced by health care providers is non-risk or general health care waste, and remaining 10-25% of health care waste is regarded as hazardous and may create a variety of health risks [11,9]. So it is important to take care of the treatment of medical waste. One of the medical waste treatments used worldwide is medical waste incineration. Incineration is a high temperature dry oxidation process that reduces organic and combustible waste to inorganic, incombustible matter and results in a significant reduction of waste volume and weight [9, 10]. Incinerator ash is divided into two categories: bottom ash and fly ash. Most of the ash is bottom ash that is the residues inside the burner after incineration. Fly ash settles on post burner equipment such as scrubbers. The bottom ash generation depends on the quantities, density, and characteristics of solid waste incinerated. The ash is 22.17% by weight of total waste [9,10].

In a study in New York City the composition of bottom ash was found as carbon 5%, fine ash 34.7%, moisture content 9.9%, glass 36.6%, and metals 13.9%. But when bulky waste such as metals and glass was separated, the composition of ash changed to: carbon 10%, moisture content 9.9%, glass 36.6%, and metals 13.9%. But when they separated fine ash 70%, and moisture content 20.0% [12, 9] Although incineration can reduce the weight of waste by more than 70%, large amounts of combustion residues, especially bottom ash, still remained after incineration [8, 10]. Bottom ash contains toxic heavy metals (chromium, cadmium, lead, arsenic, zinc, and other metals) as well as organic compounds (PCBs, dioxins, benzene, and other cancer causing organics) [9,29]. The troublesome level of soil contamination as per soil contamination standard (SCS) [1,3,10], shown in Table 1 along with sediment quality guideline (SQG) [2, 10], is described as the level which is likely to obstruct the health and properties of persons or rearing of animals and plants. [1, 2, 3, 10]

**Table 1:** Metal Contamination Standard for Soil and Sediment

Heavy metals	SCS		SQG		
	Trouble-some	Counter-measure	Un-polluted	Moderately polluted	Heavily polluted
Cd	1.5	4	-	-	>6
Cu	50	125	<25	25-50	>50
As	6	15	<3	3-8	>8
Hg	4	10	<1	-	>1
Pb	100	300	<40	40-60	>60
Cr	4	10	<25	25-75	>75
Zn	300	700	<90	90-200	>200

Ni	40	100	<20	20-50	>50
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## 2. MATERIALS AND METHODS

Bottom ash samples were collected from a typical incineration facility of Matuail Municipal Waste Landfill Area located in Damra, Narayangong. Six mixed samples were collected from the incinerator in every 1 alternate month. Triplicate analyses of one sample per each kind of MWBA were conducted. The samples were dried at 105<sup>0</sup> C for 24 h and then ground to a particle diameter of <0.25mm in an agate mortar for analysis of heavy metals [3, 10, 17, 18]. The pH was measured in solutions after 24 h of agitation with distilled water at a liquid to solid ratio of 10. To detect the pH of the ashes, at first ashes were taken in to distill water (DW) [Ash: DW=1:10] in a biker. Then it was shook properly. After that, this mixture was filtered. The pH of DW was measured with the help of pH meter and it was found “7”. Then pH of the filtered solution was measured. The reading was found “10.45”, which indicated that the solution was basic in nature. The Temperature of the solution was found “25<sup>0</sup> C [3, 10, and 19]. The extraction of metals was made by following Korean standard method [3,10,17]. For Fe extraction, first fined grained (150 µm) sample ashes of medical waste were taken and made it oven dry. Then weighted and 5gm was taken. 50 ml aqua regia (1:3 of (HNO<sub>3</sub>) & (HCl)) were mixed with 5 gm sample. After mixing properly this mixer was kept for 24 hours. After 24hours the mixer was digested into the heat Menthol. Then it was filtered. This can be diluted if required. After that, the sample was ready for detection. Before analyzing, the filtrates were kept at 4°C. For Cu, Cd, Cr & Pd the fined grained (150 µm) sample ashes of medical waste were mixed with a 1:5 ratio of ash to 0.1 N HCl solution. Then the sample were shaken and then filtrated. This can be diluted if required. For detection two machines were used: AAS (Atomic Absorption Spectrophotometer) (Model Varian 220) (for Cu, Cd, Cr detection) and UV (Ultra Violet Spectrophotometer) (Model DR 4000) (for Fe, Pd detection) [10, 28].

### 2.1 Pollution load index, PLI

Tomlinson's pollution load index (PLI) of the samples was calculated using the heavy metal data and metal concentration for the world shale average as the background value [3, 4, and 5]. The PLI of soils can be calculated by obtaining the n<sup>th</sup> root from the n number of obtained CF for all the metals [3, 14].

$$PLI = \sqrt[n]{CF_1 \times CF_2 \times CF_3 \times \dots \times CF_n}$$

where, n is the number of heavy metals and CF =  $C_{\text{metal}}/C_{\text{background}}$ . The proposed categorization of PLI is shown in Table 2 where the values vary from 0 to 10 [3, 20].

**Table 2:** Categorization of PLI

PLI value	Soil quality
8-10	extremely polluted
6-8	strongly polluted
4-6	significantly polluted
2-4	moderately polluted
0-2	unpolluted to slightly polluted

### 2.2 Ecological risk index, RI

Ecological risk index (RI) is defined as the summation of the change occurred in metals with respect to background values considering toxicological factor [6, 7]. The mathematical expression of RI can be shown as

$$RI = \sum_{i=1}^n \left( T_i \times \frac{C_i}{C_0} \right)$$

where, n is the number of heavy metals, T<sub>i</sub> is the toxic-response factor for a given substance, C<sub>i</sub> represents metal content in soil and C<sub>0</sub> is the regional background value of heavy metals [3,13]. As the regional background values of measured heavy metals were unavailable, the metal concentrations for the world shale average were chosen as the background value [3, 23]. Three contamination categories are recognized on the basis of the ecological risks] in heavy metals [3,10, 14].

RI	Category
< 300	low to moderate
300 ≤ RI ≤ 600	high (RI <sub>h</sub> )
RI > 600	extremely high ecological risks (RI <sub>e</sub> )

### 2.3 Enrichment Factor

Enrichment factor (EF) of an element in the studied samples was based on the standardization of a measured element against a reference element. The most commonly used reference elements are aluminum (Al), iron (Fe), K and so on [3, 22]. The EF is expressed below as

$$EF = \frac{(C_x/Fe)_{soil}}{(C_x/Fe)_{background}}$$

where  $(C_x/Fe)_{soil}$  is the metal to Fe ratio in the samples of interest, and  $(C_x/Fe)_{background}$  is the natural background value of the metal to Fe ratio. In this study, Admittedly, as Fe and heavy metal background values for the study area are not available, the average continental shale metal values have been adopted [3,23]. There is no accepted pollution ranking system or categorization of degree of pollution on the enrichment ratio and/factor methodology [3, 15]. The proposed EF classes along with the sediment quality at various values are shown in Table 3 [3, 10].

**Table 3:** Categorization of EF

EF value	EF class	Level of enrichment
> 40	6	extremely high enrichment <sup>a</sup>
20-40	5	very high enrichment <sup>a</sup>
5-20	4	significant enrichment <sup>a</sup>
2-5	3	moderate enrichment <sup>a</sup>
1.5-2	2	minimal enrichment <sup>a, b</sup>
0.5-1.5	1	enrichment entirely from crustal materials <sup>b</sup>
< 0.5	0	enrichment from point and non-point sources ( $E_p$ ) <sup>b</sup>

<sup>a</sup>[22]

<sup>b</sup>[23]

### 3. RESULT AND DISCUSSION

#### 3.1 pH VALUE

The pH of MWBA was in the range of 8.65-9.68 The minimum and maximum values of pH were found for s-1 and s-2 respectively. The average value of pH for all six samples was found 9.26. The individual and average, all pH values indicate that the samples were alkaline in nature [21].

#### 2.4 Geo Accumulation Index

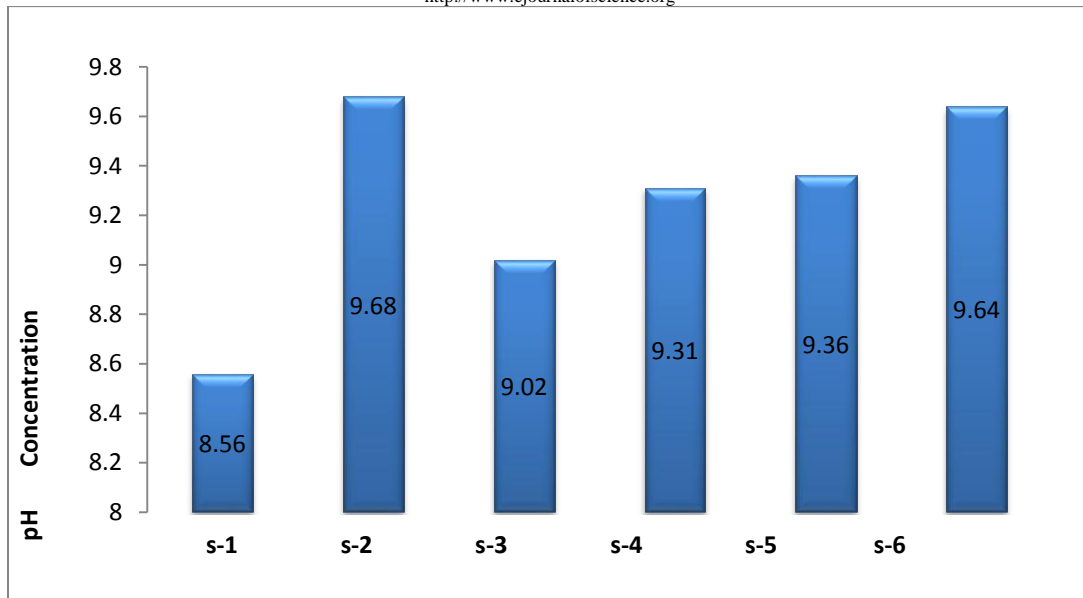
The geo accumulation index ( $I_{geo}$ ) method was used to calculate the metal contamination levels [16, 25].

$$I_{geo} = \log_2 \left( \frac{C_x}{1.5B_x} \right)$$

Where,  $C_x$  represents the measured concentration of the element x and  $B_x$  is the geochemical background value of the element in fossil argillaceous sediment (average shale). The constant 1.5 is introduced to minimize the effect of possible variations in the background values which may be attributed to litho logic variations in the sediments [25, 27]. The classification is given, as shown in Table 4, for geo accumulation index [25, 26].

**Table 4:** Categorization of  $I_{geo}$

$I_{geo}$ value	$I_{geo}$ class	Designation of soil quality
> 5	6	extremely contaminated
4-5	5	strongly to extremely contaminated
3-4	4	strongly contaminated
2-3	3	moderately to strongly contaminated
1-2	2	moderately contaminated
0-1	1	uncontaminated to moderately contaminated
0	0	Uncontaminated

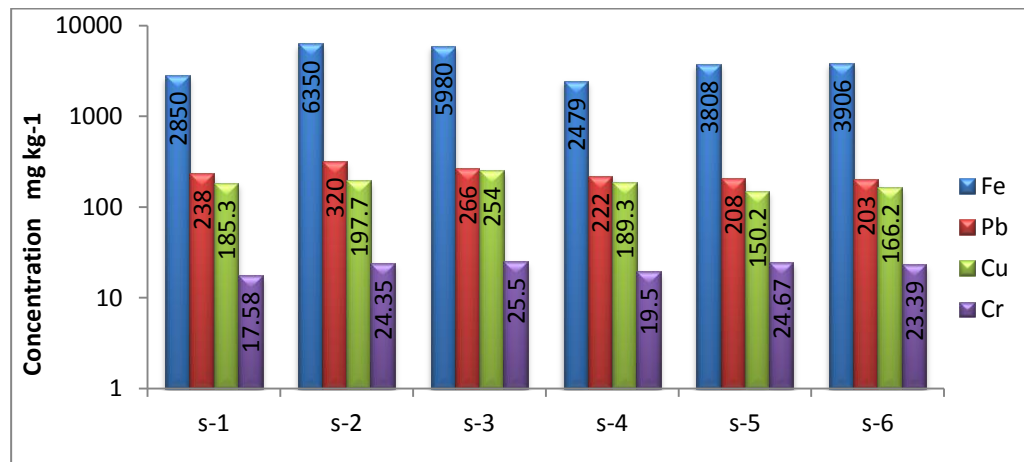
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**Fig 6:** Concentration of pH

#### 4. METAL CONCENTRATION

In this study it was found that the MW bottom ash was enriched with various metallic elements. There were large amount of heavy metals such as Fe, Pb, Cr, Cd, and Cu. Among the priority pollutants Cu ( $150\text{-}254\text{ mg kg}^{-1}$ ), Cr ( $17\text{-}25\text{ mg kg}^{-1}$ ), and Pb ( $101\text{-}160\text{ mg kg}^{-1}$ ) exceed the tolerable (SCS & SQG) level of concentration [1, 2]. Concentration of Cd ( $0.17\text{-}1.12\text{ mg kg}^{-1}$ ) is below the tolerable level, the reason is, and its compounds are generally easily volatile and thus, may have ended up in the fly ash [8]. Cr concentration exceeds tolerable limit ( $4\text{-}10\text{ mg kg}^{-1}$ ) of SCS while it is in the range of

unpolluted ( $<25$ ) to moderately polluted ( $25\text{-}75$ ) limit of SQG [1-2]. Compared to values reported in other literature for medical waste incinerator ashes [8], it is found that Fe concentrations in this study are lower. The possible reason is different compositions of raw MW. In this study MW bottom ash contains higher amounts of Cu ( $150\text{-}254\text{ mg kg}^{-1}$ ), and Pb ( $101\text{-}160\text{ mg kg}^{-1}$ ). These elements are commonly used in medical facilities [8]. Here logarithmic scale is used to express metal concentration to avoid high fluctuation in concentration of Cr, Pb, and Cu compared to Fe.



**Fig 7:** Heavy Metal Concentration  $\text{mg kg}^{-1}$

Cd concentration is expressed individually for avoiding negative values in logarithmic scale.

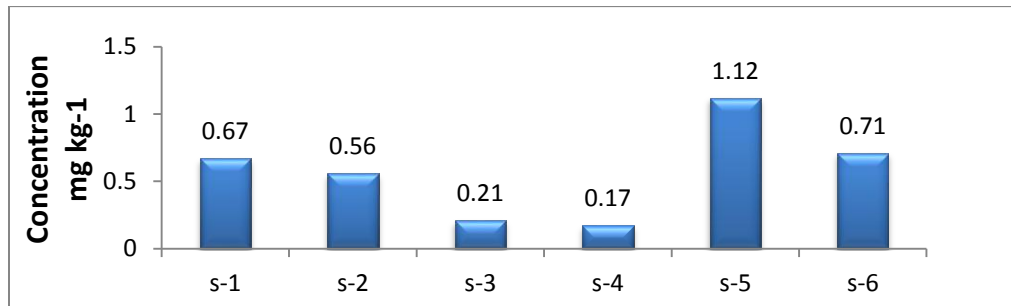


Fig 8: Cd Concentration mg kg<sup>-1</sup>

## 5. CORRELATION ANALYSIS

Here a metal to metal correlation was established by using SPSS Statics 17.0. There was no significant correlation observed in changes of Cd, with Cu, Pb and Fe. But Cd

showed positive correlation with Cr. Moreover, Cu, Cr, Pb, and Fe exhibited positive correlation to each other, while Fe indicated a significant positive correlation with Cu, Cr and Pb.

Table 7: Metal to Metal correlation

	Cu	Cd	Cr	Pb	Fe
Cu	1				
Cd	-0.75	1			
Cr	0.22	0.16	1		
Pb	0.57	-0.34	0.27	1	
Fe	0.56	-0.12	0.78	0.78	1

## 6. POLLUTION LOAD ASSESSMENT

The pollution load values varied from 1.44 to 2.27 for ash samples. High pollution load values (2.02 to 2.27) were found for sample 1, 2, 5 and 6, which indicate that, samples

were moderately polluted and may cause contamination if disposed to the soil. Again relatively low pollution load values (1.44 to 1.82) were found for sample 4 and 3, respectively which suggest that, samples were slightly polluted and may cause slight contamination if disposed to soil [3, 20].

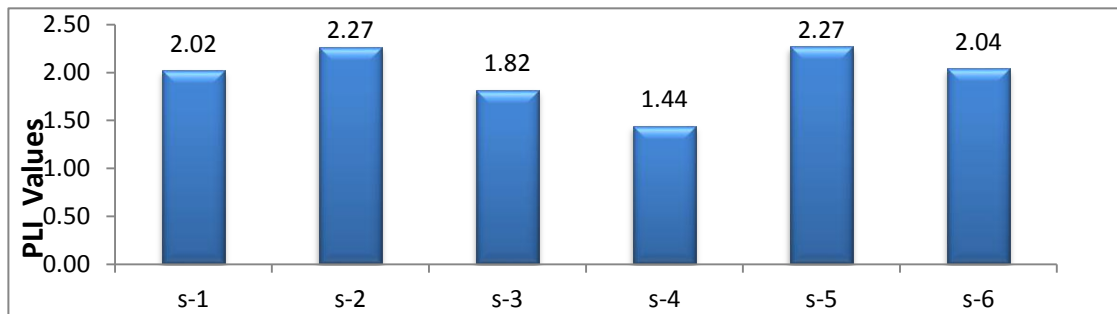


Fig 9: Plots of PLI Value

## 7. ECOLOGICAL ASSESSMENT

The graphical presentation of Potential ecological risk indices (RI) is shown below. The highest RI was found for sample-5 (210) and the lowest was found for sample-4

(74).As RI of heavy metals in ash samples were lower than 300, it suggest that ash samples exhibited low and moderate ecological risk of heavy metals[3,10,14].

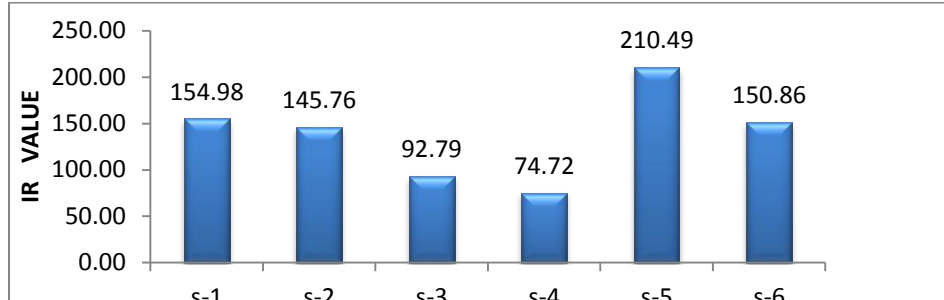


Fig 10: Plots of RI values

## 8. METAL ENRICHMENT

The values of EF for ash samples with remarks are shown in the table below. The value of EF over 40 was found for Pb, Cu and Cd accordingly as 100%, 80% and 50% of ash samples. These metals possess EF class 6, with remark extremely high enrichment of heavy metal. Cr showed highest

EF (4.08) for sample-4 which indicates moderate enrichment [3]. Rests of Cr enrichment were with remark of minimal enrichment to moderate enrichment. 50% of Cd showed extremely high enrichment while other 50% showed moderate enrichment to significant enrichment [3].

Table 8: Values of EF

SAMPLE	EF				CLASS	REMARK
	Cu	Cd	Cr	Pb		
S-1	67.47	58.04	3.20	97.50	6	Extremely High Enrichment
S-2	32.31	20.41	1.99	58.83	6	Extremely High Enrichment
S-3	44.08	8.00	2.21	51.93	6	Extremely High Enrichment
S-4	79.25	16.01	4.08	104.55	6	Extremely High Enrichment
S-5	40.93	68.37	3.36	63.77	6	Extremely High Enrichment
S-6	45.01	42.44	3.11	60.68	6	Extremely High Enrichment
AVERAGE	51.51	35.55	2.99	72.88	6	Extremely High Enrichment

## 9. GEOACCUMULATED RISK ASSESSMENT

The values of geoaccumulated risk ( $I_{geo}$ ) assessment are shown in the table below indicating moderately contaminated to moderately to strongly contaminated [3] remarks. In ash samples the value of  $I_{geo}$  for sample 1, 4, 5 and 6 was found in class 2, with quality remark moderately contaminated. For sample 2 and 3  $I_{geo}$  was found in class 3

with moderately to strongly contaminated remark. Among all the metal  $I_{geo}$ , Pb showed higher values and the highest  $I_{geo}$  was 2.42 for sample-2. The  $I_{geo}$  for Cr was found in the class 0 with uncontaminated remark. The average  $I_{geo}$  for Cu and Cd was found in class 2 and 1 with remark moderately contaminated and uncontaminated to moderately contaminate respectively.

Table 9: Values of  $I_{geo}$

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SAMPLE	$I_{geo}$				CLASS	REMARKS
	Cu	Cd	Cr	Pb		
S-1	1.46	1.21	-2.94	1.99	2	Moderately Contaminated
S-2	1.55	0.89	-2.47	2.42	3	Moderately to Strongly Contaminated
S-3	1.91	-0.55	-2.40	2.15	3	Moderately to Strongly Contaminated
S-4	1.49	-0.82	-2.79	1.89	2	Moderately Contaminated
S-5	1.15	1.89	-2.45	1.79	2	Moderately Contaminated
S-6	1.30	1.24	-2.53	1.76	2	Moderately Contaminated
AVERAGE	1.48	0.64	-2.60	2.00	2	Moderately Contaminated

## 10. CONCLUSION

In terms of heavy metal contamination bottom ash is generally considered to be safer than fly ash. However, the study results indicate that MW bottom ash contains high levels of heavy metals. In this study, high concentrations of metallic elements, such as Fe, Pb, Cr, Cd and Cu were determined. Thus, this type of waste ash may cause serious environmental problems if not properly managed.

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